

Easy self-care for asthma with Asthma Storylines.

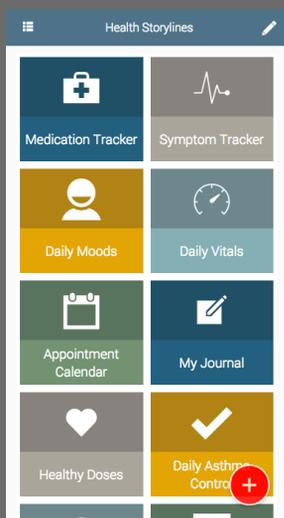
Now it's easy to record your symptoms, daily asthma control, moods, medication, and more for managing asthma. Choose what you want to track to build the health story for you or your loved one. This enables you to learn more, and share more with your care team, so you both see the full story.

With Asthma Storylines, all you have to do is tap an icon, swipe a screen, fill in the blanks.

Use the following health tools on the app to better manage and monitor asthma:

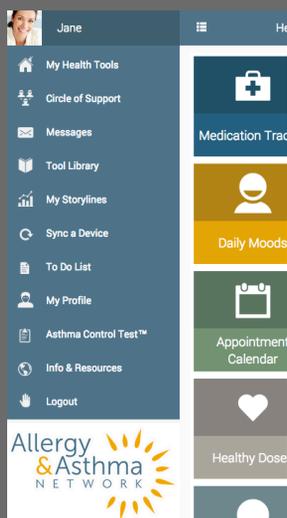
- **TRACK** symptoms, moods, and daily asthma control
- **RECORD** questions you have for your healthcare provider
- **ACCESS** the Asthma Control Test™ and discuss results with your healthcare provider
- **REMEMBER** appointments and to take medications on time
- **JOURNAL** about your condition and other aspects of daily living
- **IMPORT** data from other health and fitness apps that you use
- **LEARN** from your health story, summarized on the My Storylines page found under the left menu
- **SHARE** your health story with your care team, and collaborate with them on treatment and asthma management strategies

1



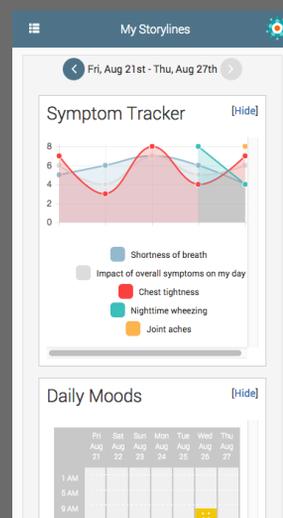
The main page displays all your Health Tools for managing asthma and overall health. You can add more tools by clicking on the red + icon at the bottom right corner.

2



Open the left menu by clicking on the icon at the top left corner. You can update your profile, sync your wearable devices, and connect with your circle of support.

3



The My Storylines page found under the left menu gives you a summary of your overall health, and enables you to share more with your care team.

How to access Asthma Storylines

The mobile app is free for all users on iOS and Android devices. There is also a web version available, accessible through the browser of any desktop computer or mobile device.



Download the iPhone or iPad App

- To install this FREE APP, go to the Apple App Store on your iPhone or iPad, and search for "Asthma Storylines."
- Click on the GET button, then click INSTALL.
- Once installed, click on the Asthma Storylines app.
- Click on "Sign up." You will need to enter in the registration information and agree to the Privacy Policy and Terms of Use to begin using the Asthma Storylines app.



Download the Android™ App

- To install this FREE APP, go to the Google Play™ app store on your Android device, and search for "Asthma Storylines."
- Click the INSTALL button.
- You will see the APP permissions screen, click ACCEPT.
- Once installed, click on the Asthma Storylines app.
- Click on "Sign up." You will need to enter in the registration information and agree to the Privacy Policy and Terms of Use to begin using the Asthma Storylines app.



Available on the web

- To use the web version through the browser of your desktop computer, go to asthma.healthstorylines.com

Need help getting started?

Email us at support@healthstorylines.com
or call us at 1-844-475-4637 (Mon – Fri, 9 AM to 5 PM Eastern)