# Back to School Checklist for School Nurses

## Asthma and Life-Threatening Allergies

### ASTHMA

#### Before School Begins:

- Identify students with asthma
- Set up medication system to include inhaled medications
- Meet with parents as needed to obtain:
  - Medication orders
  - Medication
  - Asthma Action Plan
- Communicate with the student’s teachers and school staff about the student’s health needs
- Review asthma symptoms, daily management concerns and emergency procedures with school staff
  - Post asthma signs and symptoms in classrooms
  - Provide staff with education as needed

#### When School Starts:

- Touch base with students with asthma to discuss asthma management at school
  - Assess ability for self-care and self-medication
- Obtain medications, medication orders and Asthma Action Plans if not previously completed
- Track expiration dates for medications
- Write Individualized Healthcare Plan for student as needed

### LIFE-THREATENING ALLERGIES

#### Before School Begins:

- Identify students with asthma
- Set up medication system to include inhaled medications
- Meet with parents as needed to obtain:
  - Medication orders
  - Medication
  - Asthma Action Plan
- Communicate with the student’s teachers and school staff about the student’s health needs
- Review asthma symptoms, daily management concerns and emergency procedures with school staff
  - Post asthma signs and symptoms in classrooms
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#### When School Starts:

- Touch base with students with asthma to discuss asthma management at school
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