

Asthma and Life-Threatening Allergies



ASTHMA

Before School Begins:

- ☐ Identify students with asthma
- ☐ Set up medication system to include inhaled medications
- ☐ Meet with parents as needed to obtain:
 - Medication orders
 - Medication
 - Asthma Action Plan
- ☐ Communicate with the student's teachers and school staff about the student's health needs
- ☐ Review asthma symptoms, daily management concerns and emergency procedures with school staff
 - Post asthma signs and symptoms in classrooms
 - Provide staff with education as needed

When School Starts:

- ☐ Touch base with students with asthma to discuss asthma management at school
 - Assess ability for self-care and self-medication
- ☐ Obtain medications, medication orders and Asthma Action Plans if not previously completed
- ☐ Track expiration dates for medications
- ☐ Write Individualized Healthcare Plan for student as needed

LIFE-THREATENING ALLERGIES

Before School Begins:

- ☐ Identify students with life-threatening allergies
- ☐ Set up medication system to include emergency epinephrine
- ☐ Meet with parents as needed to obtain:
 - Medication orders
 - Medication
 - Anaphylaxis Emergency Plan
- ☐ Communicate with the student's teachers and school staff about the student's health needs
- ☐ Review symptoms of anaphylaxis, daily allergy management and emergency procedures with school staff
 - Post signs and symptoms of anaphylaxis in classrooms
- ☐ Provide staff with education as needed

When School Starts:

- ☐ Touch base with students with life-threatening allergies to discuss allergy management at school
 - Assess ability for self-care and self-medication
- ☐ Obtain medications, medication orders and Anaphylaxis Emergency Plans if not previously completed
- ☐ Track expiration dates for emergency medications
- ☐ Write Individualized Healthcare Plan for student as needed